

Steps for expressing breast milk and feeding the baby



1. Wash your hand with soap



2. Massage the breast



5. Feeding the baby with expressed



4. Store the milk in clean bowl



3. Express the breast milk



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Steps for coaching mothers on demonstration on KMC positioning



Figure 1: Position the baby for KMC



Figure 2: securely wrap the baby with a cloth tied around the mother.



Figure5: Baby breastfeeding in KMC position

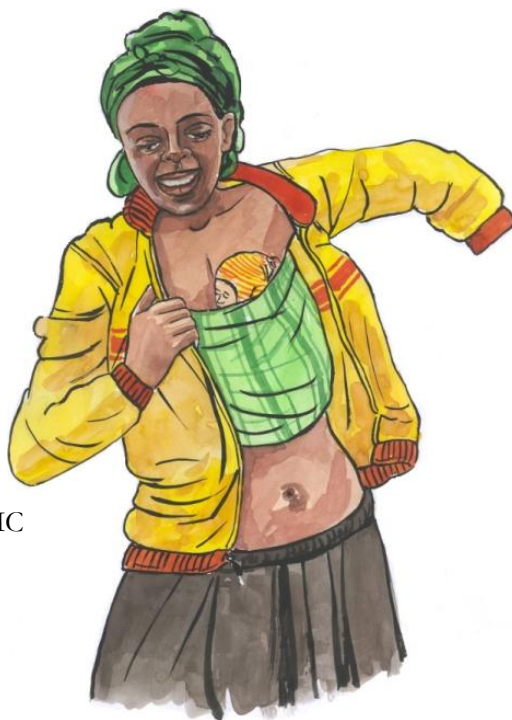


Figure4: Put on loose clothing over the wrap.



Figure 3: Cover the baby with a blanket or shawl



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